

# Manifestation Board

This is a corkboard with a collection of beautiful and inspirational pictures from magazines, sayings, quotes, pictures of famous people, postcards, and drawings depicting your desires for a specific area of your life. Displaying your wishes and goals in one place provides you with a whole picture. Each manifestation board is a visual representation, a blueprint for the success you want your life to emulate. You can create separate collages for each area of your life and hang them in the corresponding energy center. If you prefer, make only one board that contains all of your wishes for every area of your life. As you look at it every day, the images become imprinted both consciously and subconsciously. You become what you focus on. For added enjoyment, invite friends over for a collage-making party. (page 121)

## The Bagua

The bagua is a feng shui tool that helps you manifest your dreams and goals. The bagua provides a blueprint and a formula to enhance nine significant areas in your life. Each area has a corresponding energy center within your home environment.

The bagua is essentially a map that you superimpose on the layout of a house, apartment, guest home, office, or a room. It indicates the location of nine energy centers.

## The Nine Centers of the Bagua

- Health and well-being (center)
- Love and relationships (rear/top right)
- Career (front/bottom middle)
- Wealth (rear/top left)
- Family (middle left)
- Creativity and children (middle right)
- Knowledge and wisdom (front/bottom left)
- Fame and reputation (rear/top middle)
- Helpful people (front/bottom left) (page 110)

## Health and Well-Being Manifestation Board

- Yellow and green
- Pictures of healthy people, natural surroundings, flowers and plants, nutritious foods, exercise regimes, spas, and calming environments
- Power words- health, happiness, harmony, flow, vitality, balance

## Love and Relationship Manifestation Board

- Red, pink, peach, or white
- Collection of love poems, pictures of happy loving couples, romantic getaways, wedding and honeymoon ideas, pictures of couples at the altar, and photos of happily married couples you know
- Power words- unconditional love, open heart, I receive easily, passion, romance

## Career Manifestation Board

- All wishes for your ideal career
- Logos from companies you want to work for, photos of inspiring people who have followed their heart to a successful career, and healthy activities to complement your work schedule
- Water imagery to encourage flow
- Power words- motivation, success, passion, confidence, creativity

#### Wealth and Prosperity Manifestation Board

- Red and gold
- Pictures, photos, quotes, and affirmations representing all your dreams and wishes for prosperity, wealth, and abundance.
- Dream cars, homes, boats, planes, vacations, and jewelry
- Power words- wealth, success, abundance, generosity

#### Family Manifestation Board

- Green and blue
- Photos of happy family occasions, revered family members you want to emulate, photos of famous loving families, photos of good friends, hearty people doing healthy activities, healing environments, nature imagery, plants, and trees
- Quotes of family values, morals, and health
- Power words- honesty, communication, forgiveness, love

#### Creativity and Children Manifestation Board

- White with pastel accents
- Wildest creative endeavors, clippings from magazines showing inspirational poetry, music, child prodigies, and babies.
- Quotes and photos of creative people you admire
- Power words- inspiration, childlike, playful, creative expression, fertility

#### Knowledge and Wisdom Manifestation Board

- Blues and greens
- Everything you want to learn to incorporate into your life
- People you would love to learn from, retreats and seminars you want to attend, spiritual pilgrimages, mountains, pages from catalogues of school or night classes you would like to intend
- Power words- brilliance, enlightenment, inner knowing

#### Fame and Reputation Manifestation Board

- Red
- How you would like to be seen in the world

- Photos and quotes of people you admire, projects you want to be involved in, illustrations of how you want to look physically
- Power words- admiration, leader, internationally known

#### Helpful People Manifestation Board

- Gray and silver
- Pictures, symbols, and images of helpful people in your life now
- Everyone and everything you receive guidance from including nature and spiritual elements
- Power words- guidance, gratitude, synchronism